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Empowering youth who are homeless, abandoned, abused, or at-risk to lead healthy productive lives.

Crossroads Programs, Inc.

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Capable Adolescent Mothers

A Crossroads residential program



How do I learn to be a mother...
When I'm still a teenager myself?

The **CAM** program from **Crossroads** is the answer.



"The Crossroads CAM program taught me many practical things. But most of all they taught me how to be a mother – how to put this little person's priorities above my own, how to be brave and how to never, never give up." **Tahira, age 22**



A safe place to find hope and guidance

The **Capable Adolescent Mothers** program (CAM) by Crossroads is a safe and nurturing residential facility for pregnant and parenting teen moms. In this trauma free, home-like environment, teens between the ages of 16 – 20 who are pregnant or who have a child two months old or younger can learn what it means to be a responsible parent, how to care for an infant, and how to establish practical goals to get their lives back on track.

CAM offers both a safe and therapeutic environment. Staffed 24 hours a day, 7 days a week, the young women in our care receive pre and post natal care, individual and group therapy, individualized case management, lessons in mature parenting and life skills training.

Life After Baby?

Crossroads staff begins on the first day of admission to the CAM program with transitional goals, then long term plans to ease the young mother back into the educational system or to furnish her with employment opportunities.

Recognizing that teenage mothers are most likely to drop out of high school and to live impoverished lives which perpetuate a cycle of dependence, Crossroads offers tutoring, mentoring and life skills training. Our goal is to help the young mother become a mature parent and an independent and self-sustaining adult.

Call or email us...come in and schedule a "meet and greet" for a young person in need of our services. Crossroads CAM program can make a world of difference for both moms and babies!

